

Services – Young People

Mental Health Services

- KALMER Counselling Services - <https://kalmer-counselling.co.uk/>
- Kooth - www.kooth.com
- Children NE - <https://children-ne.org.uk/>
- Streetwise - <https://www.streetwisenorth.org.uk/> / 019 123 05400
- Humankind - <https://humankindcharity.org.uk/>

Suicide Concerns

- Papyrus – www.papyrus-uk.org / Hopeline: 0800 068 4141

Young Carers

- www.newcastlecarers.org.uk / 0191 275 5060

Relationships and Abuse

- The Acorn Project - www.acornproject.org.uk

LGBTQ+

- The Proud Trust www.theproudtrust.org / 0161 660 3347

Services – Parents & Carers