



Because growing up can be hard

# Youth Link

## 1:1 MENTORING

ONLINE SERVICE



Are you aged between 11 - 18?

Would it help having someone nearer your own age to talk to?

Youth Link can offer you online support from another young person aged 17 - 25.

SOUNDS GOOD?

A Youth Link Mentor might be able to help support you in:

- Dealing with uncertain times
- Talking through any problems you might have
- Helping you feel more confident
- Encouraging you to get further support if needed

FOR MORE INFORMATION PLEASE CONTACT ONE OF THE YOUTH LINK TEAM  
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HOW TO REFER: <https://newpip.children-ne.org.uk/youthlink-referral>  
PROGRAMMES RUN IN NEWCASTLE, SOUTH EAST NORTHUMBERLAND AND NORTH TYNESIDE



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YOUNG PEOPLE'S SERVICE



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