

**Dance Curriculum Overview**

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
10	<u>Introduction to Contemporary Dance:</u> Baseline Assessment (Performance and Choreography) Why we warm up (Including safe dance practice) 6 Basic Dance Actions (Elevation, Gesture, Fall, Stiltiness, Turn and Travel)	<u>Introduction to Choreography Skills and Anthology Works 1:</u> Introduction to RADS (Relationship, Action, Dynamics and Space) Exploring ' <i>A Linha Curva</i> ' – Practically and theoretically Expressive Skills	<u>Choreography, Set Phrase 1 and Anthology Works 2:</u> What is a Motif? Group Choreography Learning Set Phrase 1: ' <i>Breathe</i> ' ' <i>Shadows</i> ' – Practical and theory	<u>Choreography and Set Phrase 1:</u> Introduction to: Physical, Expressive, Mental, Technical Skills (Including aural setting and appropriate accompaniment) Continuation of Set Phrase 1: Breathe (Component 1)	<u>Anthology Works 3 and Set Phrase 2:</u> Learning Set Phrase 2: ' <i>Shift</i> ' (Component 1) Component 2 Mock Exam preparation (Including Hypothetical Choreography)	<u>Dance Appreciation, Set Phrase and Site Sensitive Choreography:</u> Component 2 Mock Exam Continuation of Set Phrase 2: ' <i>Shift</i> ' ' <i>Infra</i> ' – Practical and theory Site Sensitive Choreography
Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
11	<u>Performance and Choreography (Component 1) and Anthology Works 4:</u> Component 1 Exam (Set Phrases) Introduce Duet/Trios (Component 1)	<u>Component 1 and Anthology Works 5:</u> ' <i>Within Her Eyes</i> ' – Practically and Theoretically Creating and rehearsing Duet/Trio	<u>Component 1 and Anthology Works 6:</u> ' <i>Emancipation of Expressionism</i> ' – Practically and Theoretically	<u>Component 1 and Component 2:</u> Performance and Choreography - Component 1 Exam Component 2 – exam technique and key vocabulary	<u>Dance Appreciation: Component 2:</u> Practice questions and papers Anthology works Health and Safety in Dance Hypothetical	

	Artificial Things Introduce Solo Choreography (Component 1) Reflect and refine written mocks (Component 2)	Choreographing Solos	Mock Exam – Component 2 Creating and rehearsing Duet/Trio Choreographing Solos	Easter School Intervention	Choreography Reflection on our Dances	